**WHAT’S ON IN OCTOBER 2016**

- **Monday 3rd October at 2.30pm in the Provost’s Vestry:** The Joy of the Gospel.
- **Tuesday 4th October at 7pm in St Michael’s House:** Mothers’ Union open discussion and vigil in support of 16 Days of Activism Against Gender Violence.
- **Thursday 6th October at 8pm:** gathering in the Chapter House: The Cathedral by Night.
- **Saturday 8th October at 10am to 4pm at Queens Road Baptist Church:** Healing Day with worship and teaching.
- **Tuesday 11th October at 10am in Queens Road Baptist Church:** Reboot and Release taster session. 07723 055736.
- **Wednesday 12th & Thursday 13th October in St Michael’s House:** Open AGM of SHARE with contributions from Sibiu volunteers.
- **Friday 14th October at 6.30pm in St Michael’s House:** Film Premiere and discussion - Reconciliation: Reflections on Coventry’s role.
- **Sunday 16th October at 6.30pm:** OPEN will be a service of Prayer for Healing.
- **Tuesday 18th October at 7.30pm in St Mary’s Leamington:** Men’s night with climber Carlos Buhler.
- **Wednesday 19th October at 7.30pm for 8pm in St Andrew’s Eastern Green:** Celebrate Eco Church.
- **Thursday 20th October, 10.30am-6pm:** Mothers’ Union exhibition and speakers in support of 16 Days of Activism Against Gender Violence.
- **Mondays 17th & 24th October, 9.30am in Atherstone) CV9 2RQ:** Contemplative Prayer Retreat Days.
- **Wednesday 26th October at 7.30pm in St Andrew’s Eastern Green:** Celebrate Eco Church.
- **Saturday 29th October at 11.30am in St Michael’s House:** open AGM of SHARE with contributions from Sibiu volunteers.
- **Sunday 30th October after Eucharist:** Romania Lunch and another chance to hear the experiences of this year’s volunteers. £5 in support of SHARE funds. 

**CATHEDRAL COMMUNITY NOTICES**

Support the Cathedral Whenever you Shop Online!
Did you know that the Cathedral is registered with Give as you Live to receive donations from many companies that we might shop with online? Marks & Spencer, Asda, Boots, Holland & Barrett are just a few examples and it’s simple to do once you have registered through www.giveasyoulive.com by clicking on their website and then through to whichever store you want to use. The website will tell you what percentage of your spend (or sometimes a flat fee) the Cathedral will receive and you will receive email confirmation of the amount donated. The system is based on commission payments from the stores to Give as you Live who then pass on at least 50% to the Cathedral, having taken out their costs etc (they are one of the more generous sites in this respect).

Although one purchase may not raise very much the more of us who do our online shopping this way the more we can help the Cathedral, especially with the approach of Christmas.

**THIS WEEK**

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Service</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday 2nd October</td>
<td>8.00am</td>
<td>Holy Communion</td>
</tr>
<tr>
<td></td>
<td>10.30am</td>
<td>The Cathedral Eucharist for Harvest Festival</td>
</tr>
<tr>
<td></td>
<td>4.00pm</td>
<td>Choral Evensong</td>
</tr>
<tr>
<td></td>
<td>6.30pm</td>
<td>OPEN Breathing Space</td>
</tr>
<tr>
<td>Sunday 9th October</td>
<td>8.00am</td>
<td>Holy Communion</td>
</tr>
<tr>
<td></td>
<td>10.30am</td>
<td>The Cathedral Eucharist</td>
</tr>
<tr>
<td></td>
<td>4.00pm</td>
<td>Choral Evensong</td>
</tr>
<tr>
<td></td>
<td>6.30pm</td>
<td>OPEN Cathedral Praise</td>
</tr>
</tbody>
</table>

**A MESSAGE FROM THE CANON PASTOR**

Dear Friends

In my past life as a Reader in a very rural benefice, Harvest (Feast of the Holy Marrows) was an annual occasion for congregational lament: that the farmers hadn’t come to church, that the summers weren’t as golden as they used to be, that we’d somehow failed to sing an obscure hymn that “surely EVERYBODY knows…”! Latterly, in a more urban context, I’ve clambered across a mountain of baked bean tins (brought by the schools, you know) and pondered how those who habitually shopped at Waitrose would suddenly find themselves stocking up on Tesco Value products just in time for Harvest Festival. It seemed sometimes to be an exercise in meanness disguised as generosity… Now we’re in a Real City, and it’s different again. Today would be a Foodbank Sunday even if we weren’t celebrating Harvest, and I know that you will be responding to that as you always do. But we’re well removed from the actual process of agriculture so it can still feel a bit bizarre to sing about ploughing the fields – unless we widen our horizons and reflect on the need to pause in gratitude for ALL that we’re given, and take the time to offer those gifts to God once more.

All good gifts…remember.

With love and blessings

Kathryn

---

The Dean, Canons and assisting Readers this week

The Dean is Canon in Residence this week. The Reader assisting at the Eucharist this morning is Donald Parr (St Lawrence Ansley).

Foodbank Sunday

Today, like every first Sunday of the month at the Cathedral, is Foodbank Sunday and I’m very pleased to receive your donations of packets and tins of food, or cash if you prefer me to do the shopping for what is most needed, for delivery to the Foodbank warehouse. Last month I took 244 tins and packets, including items bought with cash gifts of £190 from 14 people. We have now delivered 13,333 items to the Foodbank, thanks to the generosity of a group of regular supporters and others.

The next Foodbank Sundays are 6 November & 4 December. Richard Chamberlaine-Brothers
**CATHEDRAL COMMUNITY NOTICES**

**Presentation to Jon Simpson**
Today is Jon and Sue’s last Sunday in the Cathedral and we will be presenting them with a farewell gift. It is still possible to contribute, however; please see me. We are most grateful for both Jon and Sue’s contributions to the life of the Cathedral and we shall miss them very much.

David East for the Churchwardens

**Cake Sale This Morning!**
There is a cake sale in aid of chorister funds after this morning’s Eucharist.

The Joy of the Gospel
Monday 3rd October at 2.30pm in the Provost’s Vestry
You are still very welcome to join the small group of people studying Paula Gooder’s six-week course, drawing on Pope Francis’s much-acclaimed writing on mission and evangelism. Offering space to reflect on how we can share our faith with integrity as individuals and as a community, and exploring themes that include BEING good news as well as sharing it, I’m hoping this might provide the kind of springboard we need to renew our confidence as good news people.

Canon Kathryn
kathryn.fleming@coventrycathedral.org.uk 024 7652 1230

Cathedral Wedding
Saturday 8th October at 1pm
As many of you will have gathered from the reading of our banns of marriage, our wedding day is fast approaching! We would be delighted to see our Cathedral friends on this special day and you are very welcome to the service and to stay for some light refreshments afterwards in the nave.

We are really grateful for the Cathedral family’s love and support at this special time.

Emma Norman and Thomas Beynon

If you find it difficult to attend Sunday Eucharist
At a recent meeting of the Liturgical Committee a suggestion was made for using one of our existing weekday communion services on a monthly basis, open to all but particularly providing for those in our community who are finding the Sunday 10.30 Eucharist a little too long or difficult to get to.

Communion can always be brought to people at home but there are those still able to travel who would appreciate attending a service with others in the Cathedral. The service would be followed by the opportunity to have lunch together in Rising Cafe and have a good old chat! One person who comes into this category suggested it might be possible to share a taxi and there may be others willing to offer lifts.

This would not be on the same day as the Mothers’ Union monthly service. It is just an idea but the committee thought it worth exploring. If you would be interested in such a service or could seek the opinion of those you know who are finding problems attending on a Sunday please talk to Canon Margaret Sedgwick, Canon Kathryn or Canon David.

**Monthly Service for Remember our Child**
Monday 3rd October at 5.45 pm in the Chapel of Unity
Anyone who has lost a child of any age is most welcome at this short service. Afterwards there will be an opportunity to talk, sometimes to hear a speaker and always to spend time with one another.

Canon Kathryn

---

**CATHEDRAL COMMUNITY NOTICES**

**Healing Day**
Queens Road Baptist Church
Saturday 8th October 10am-4pm
The Coventry Prayer House is hosting a Healing Day with worship, teaching and the opportunity to receive prayer, led by Flame International (www.flameinternational.org). Booking is essential: cost £10 including refreshments (bring your own lunch).

coventryprayerhouse@gmail.com
Margaret Lloyd

**Reboot & Release**
Tuesday 11th October at 10am, Queens Road Baptist Church
Free taster for a short motivational and confidence-building personal development course for anyone needing to make a change in their life. More information on Cathedral notice boards or from Ros Johnson, Bardsley Work Club manager (07723 055736).

**Reconciliation Explored**
Wednesday & Thursday 12th & 13th October
The Reconciliation Ministry Team is again offering this foundation course in reconciliation theory, theology, and practice. The course is open to anyone who would like to deepen their understanding of peace and reconciliation. It’s a wonderful opportunity to learn what it means to live in a City of Peace and Reconciliation and will be taught by Canon Sarah Hills. For information and bookings please email reconciliation@coventrycathedral.org.uk

**Lunch for Kerry and Leslie Beaumont: Update**
Last week I was able to send a cheque for £1630 to Canon David. This is a splendid result and will make a significant contribution towards the funding of the choirs. Thank you to everyone who made this possible.

Richard Chamberlaine-Brothers

---

**Celebrate Eco Church**
Wednesday 19th October 7.30 for 8pm
St Andrew’s Eastern Green
The Diocesan Environment Group would like to invite you to celebrate Eco Church at St Andrew’s Eastern Green, the first church in the Diocese to win a Bronze Award. You will learn about Eco Church and how to go forward with this scheme, share your local ‘stories of hope’ and ideas about caring for God’s creation.

There will be refreshments at 7.30pm with an 8pm start.

Thank you!
A huge Thankyou for your many cards, phone calls, emails and visits over the past few weeks. I have been aware of the love and prayers of the Cathedral Community surrounding me and I thank you all.

Brenda Stokes
Lambeth Palace joins the CCN!
All of us in the Reconciliation Team are really thrilled that Lambeth Palace, the historic London residence of the Archbishops of Canterbury since the 13th Century and central office for their national and international ministry, will be joining the Community of the Cross of Nails. Clearly Lambeth’s own role in reconciliation is – to state the obvious - not insignificant and both the CCN and Lambeth Palace will really benefit from a closer formal connection. They also join us at a time when we are proud to say we have reached 200 formal partners and ICON schools – a milestone moment in our development!
Lambeth and the Archishop will be receiving their Cross of Nails from Canon Sarah Hills at their midday Eucharist this Tuesday, 4th October. Please add to your prayers all the ongoing reconciliation work of the CCN, Coventry and Lambeth, alongside of course all our partners who are so central to the process.
Alice Farnhill, CCN Project Officer

Introducing our new German Intern
My name is Rahel Tippelt and I have joined the Reconciliation Team as an intern for the coming year. I am from Germany and I am here with the German organisation Action Reconciliation Service for Peace. For over 50 years ARSP has been committed to working toward reconciliation and peace, as well as fighting racism, discrimination and social exclusion. We have 180 projects in 13 countries. I have pleasure in being part of a peace building process in Coventry as a member of the Reconciliation Team.
Over the last years I have studied and graduated in Educational Science and Psychology at the Universities of Jena and Halle. Six years ago I spent a year abroad in Ireland and the UK working as an au pair and in London and since then I have been interested in intercultural exchange and understanding.
I am really looking forward to living and working in Coventry and to being part of the Reconciliation Ministry Team.
Rahel Tippelt

Mondays 17th & 24th October
9.30am to 3.15pm
Purley Chase Centre (near Atherstone) CV9 2RQ
‘You have the words of eternal life’
The contemplative life has to do with the desire to seek stillness amid the rush of life; to find silence amid noise; to listen amid the clamour to speak; to deepen the internal amid the purely external; to search for God amid busy-ness. Contemplative prayer is the expression of that desire. God says: ‘Be still and know that I am God’. Words like these help us to open our hearts and minds to God in a fresh way. We don’t need to speak every time we pray – we can just listen!
The Autumn Quiet Days arranged by the Fellowship of Contemplative Prayer provide an opportunity to enter into this creative stillness and silence. You will be welcome at either or both.
Contact the Revd Canon Martin Tunnicliffe tunnicliffe@tmartin7.orangehome.co.uk or 0121 745 6522.

16 days of Activism against Gender-based Violence Campaign
‘Silent Too Long’
Tuesday 4th & Thursday 20th October
As part of its participation in the international 16 days of Activism Against Gender-based Violence Coventry Mothers’ Union and CCN are holding two events to raise awareness.
The first is Tuesday 4th October from 7pm to 9pm in St. Michael’s House which will be an open discussion on issues around this topic. The evening will open with refreshments and an introduction to the campaign. Facilitated discussions based on audio recordings from CRASAC (Coventry Rape and Sexual Assault Centre) will follow and the evening will end with a candlelit vigil. The evening is free but donations would be welcome.
The second event is on Thursday 20th October in the Cathedral from 10.30am to 6pm. There will be an opportunity in the morning to see how various agencies involved in supporting those affected by domestic violence and abuse carry out their work, and, in the afternoon, keynote speakers, one of whom will be talking about female genital mutilation. The day will end with Choral Evensong at 5.15.
Mothers’ Union is calling for: prevention of gender-based violence through education and awareness training; legislation that protects women and girls from, and criminalises all forms of gender-based violence; adequate provision of services for survivors; and the rehabilitation of perpetrators.
All are welcome at both events.
Di Sliwinski, Past Coventry Diocesan President disliwinski@dsl.pipex.com

Film Premiere - Reconciliation: Reflections on Coventry’s role
Friday 14th October at 6.30pm
Our series of filmed interviews with each of Coventry’s Canons for Reconciliation, past and present, is now ready! Featuring beautiful shots of both the old and new cathedrals, and full of insights from the Canons who led the various phases of reconciliation work at Coventry from the 1950s to the present day, this main film of the series is likely to be of interest to almost anyone involved with the Cathedral. Several of the Canons featured in the films will be attending the premiere, and there will be drinks and nibbles on arrival, and discussion at the end of the 50-minute film.
Please contact alice.farnhill@coventrycathedral.org.uk to book your place. The event is free and open to all, but a £5 per person donation on the night would be very welcome to assist in covering the costs of the evening. For those who cannot attend, the full series of eight films will be available to view online shortly after this date.

Working in Romania: Saturday & Sunday 29th & 30th October
You are invited to share the experiences of some of the volunteers who were sponsored by members of the congregation to work at the Speranta Centre for disabled children in Sibiu, Romania during this summer.
Volunteers will be speaking in St Michael’s House at 11.30am on Saturday 29th October (at the AGM of the charity SHARE, which is open to everyone). If you cannot make Saturday there will be another chance to hear from volunteers the next day at a Romania Lunch in the Cathedral Lecture Hall following the Sunday morning service. The cost is £5 for a simple lunch and a heart-warming experience is assured.
Jane Williams janeMLWill@aol.com
Painting for sale in support of the Cathedral

This painting, an original oil (90-100cm square) commissioned by Midland Bank Coventry in 1970, is for auction by sealed bids and its owner, Adam Birman of Albany Road Antiques, has generously agreed to donate 25% of the purchase price to the Cathedral, for which we are very grateful.

The painting is an early work by the internationally-known artist Melvyn Warren Smith (b1948) who now lives in Leamington Hastings.

Bids above the reserve of £800 should be sent in an envelope marked Nave Painting Sealed Bids to the address below to arrive by Friday 14th October.

Adam Birman
Albany Road Antiques
Earsdon
COVENTRY CV5 6NF

Please bid generously to support the work of the Cathedral.

Foyer Groups

Foyer groups are one of the Cathedral’s ways of encouraging us to meet together socially outside Cathedral service times. They are composed of members of the Cathedral community who come together to share food approximately once a month over half a year or so, hosted each time by a different member of the group. Periodically the groups are shuffled round so that we can all meet different people.

It’s important that there are no rules about what kind of meals are offered, or where they take place: it isn’t a competition! People can get together in a coffee shop (Rising?) or on a picnic as well as at home and the food can be tea and cake, soup or whatever is doable. The point is the friendship rather than the food and drink.

If you’d like to try a foyer group or to find out more about it please speak to me or to anyone who is wearing a name badge – or if you have enjoyed a foyer group in the past why not invite someone who hasn’t (been to one!) to come with you.

Jane Edwards  janeedw54@gmail.com  or leave a message at the community table.

Name Badges

Today and in future you will see people (as well as the churchwardens) wearing name badges after the service. We are members of St Michael’s Committee (which represents the congregations in the Cathedral’s organisation) and we are available to answer your questions if possible, or to introduce you to someone who can! We can also make sure you have a Welcome pack or card if you would like one.

Margaret Parker, St Michael’s Committee secretary

Beryl Norris

Beryl has recently moved to a nursing home in the country near her son and his family. She has been housebound for several years but has always kept a lively interest in the Cathedral and I always enjoyed taking communion to her. She made an enormous contribution to the life of the Cathedral in the early days - when you kneel at the communion rail you are likely to be kneeling on her handiwork. - and remains a member of the Mothers’ Union. If you would like to write to her the address is:

Room 6, Rashwood Nursing Home, Wychbold, Droitwich Spa, WR9 0BP

Canon Margaret Sedgwick

Bardsley Work Club

Bardsley Work Club has relocated for the time being to Queens Road Baptist Church. Still on Wednesdays 10.30 to 12.30 it welcomes anyone unemployed who needs help with a CV or online job search and application. Please remind anyone you know who could benefit. Also a couple more volunteers are needed who can help twice monthly to offer a friendly welcome and/or support with basic computer skills – training is available. If you are interested in volunteering Speak to Margaret Lloyd, Canon Kathryn or work club manager Ros Johnson (BardsleyWorkClub@gmail.com or 07723 055736).

This Month’s Diocesan Prayer Diary

To download the October Prayer Diary go to the Diocesan website and select the month and format you require in the right-hand panel. The consecutive format is recommended for displaying on a computer screen or printing for home use.

www.dioceseofcoventry.org/bottom/PrayerDiary