OPEN Table

OPEN Table is looking for volunteers to help make a simple soup for the supper church on 23rd October, 20th November, and 11th December. If you would like to volunteer for one of these days, please contact Haley Jones at haley.jones@coventrycathedral.org.uk or speak to Canon Kathryn. We like to prepare soup for a full table of 32, and we invite teams of people to help! Haley Jones, Reconciliation Ministry Intern

WHAT’S ON IN OCTOBER & NOVEMBER 2016

Mondays 17th & 24th October, 9.30am to 3.15pm at Purley Chase Centre (near Atherstone) CV9 2RQ: Fellowship of Contemplative Prayer Retreat Days.

tunnicliffe@tmartin7.orangehome.co.uk or 0121 745 6522.

Tuesday 18th October at 7.30pm in St Mary’s Leamington: Men’s night with climber Carlos Buhler.

Wednesday 19th October at 7pm in Coventry City Centre: An Audience with Carlos Buhler Morris.Rodham@CovCofE.org

Wednesday 19th October at 7.30pm for 8pm in St Andrew’s Eastern Green: Celebrate Eco Church.

Thursday 20th October at 10.15am in the Lady Chapel: Mothers’ Union Corporate Communion.

Thursday 20th October, 10.30am-6pm: Mothers’ Union exhibition and speakers in support of 16 Days of Activism Against Gender-based Violence.

Thursday 20th October at 7.30pm in St James’ Styvechale: UK Novi Most Tour. Facebook.com/NoviMost.

Friday 21st October at 1pm: Informal lunchtime Concert by Johannischer Chor Berlin.

Wednesday 26th October, 10am-4pm at Holy Trinity Atherstone: Quiet Day led by Bp Christopher. 100 Retreats for 100 Years.

Saturday 29th October at 11.30am in St Michael’s House: open AGM of SHARE with contributions from Sibiu volunteers.

Sunday 30th October after Eucharist: Romania Lunch and another chance to hear the experiences of this year’s volunteers. £5 in support of SHARE funds.

JaneMLWill@aol.com

Wednesday 2nd November, 6pm-8pm in St Michael’s House: Dresden: A Love Story? Talk by Rainer Barczaitis.

Thursday 3rd November: Corporate Event, Cathedral closed.

Thursday 3rd November at 1pm in St Michael’s House: Black Christmas documentary film screening and discussion.

Friday 4th November at 7pm: Cat’s Eyes.

Saturday 5th November, 10.15am-4.15pm in St Michael’s House: Project Bonhoeffer Day Faith and Frontiers.

Sunday 6th November after Eucharist: Bring & share Welcome Lunch.

Monday 7th November at 5.45pm: Remember Our Child monthly service in the Chapel of Unity.

Thursday 10th November in the Lady Chapel: Mothers’ Union Corporate Communion service. All welcome.

Friday 11th November at 10.45am in the Ruins: Remembrance Day service.

CATHEDRAL MATTERS

Sunday 16th October
Trinity 21

THIS WEEK

Sunday 16th October
8.00am Holy Communion
10.30am The Cathedral Eucharist
4.00pm Choral Evensong
6.30pm OPEN Healing Service

Sunday 23rd October
8.00am Holy Communion
10.30am The Cathedral Eucharist
2.00pm German Lutheran Service
4.00pm Choral Evensong
6.30pm OPEN Table

A MESSAGE FROM THE CANON FOR RECONCILIATION

Dear Friends

Last week I was invited to speak at St Ethelburga’s Centre for Reconciliation and Peace in London, helping them, as one of our CCN partners, to celebrate St Ethelburga’s Day. St Ethelburga (who died c. 675 CE) seems to have been the founder of the first monastic order for women in England (despite some opposition). The medieval church of St Ethelburga’s in Bishopsgate, one of the oldest buildings in the City, was originally built in the 15th century; it was one of the few City churches to escape the Fire of London and also survived the Second World War unscathed. However it was almost completely destroyed by an IRA bomb in 1993. Ten years and £3m-worth of fundraising later, it was rebuilt and opened in 2002 as a centre for reconciliation and peace, transforming this act of terror into a symbol of hope.

So we pray for the work they do today at St Ethelburga’s in partnership with the Community of the Cross of Nails, as we together discern our response to the conflicts and wounds of today’s world. As I write we are also preparing to welcome Community of the Cross of Nails partners from across the UK to our UK Gathering on Friday. We are meeting to share stories, to build relationships and to discern the direction of the CCN UK in the months to come as we seek to respond to the needs around us, and on Friday evening at the Reconciliation film launch we will hear from our previous Canons for Reconciliation how they discerned the response to conflict in their time here, in many different situations.

Because of course a response to conflict and destruction is something that here in the Cathedral we have some experience of. Provost Howard on November 15th 1940, with his ‘Father, forgive’, set us on our course of working for peace and reconciliation. So, with St Ethelburga’s and the whole CCN in the UK and around the world, let us pray that our vocation here in this cathedral to this ministry of reconciliation remains strong and our commitment to play our part in the transformation of God’s kingdom can be resourced to provide a beacon of much needed hope.

Every Blessing
Sarah

The Dean, Canons and assisting Readers this week

The Dean is Canon in Residence this week.
**Foyer Groups**

Foyer groups are one of the Cathedral’s ways of encouraging us to meet together socially outside Cathedral service times. They are composed of members of the Cathedral community who come together to share food approximately once a month over half a year or so, hosted each time by a different member of the group. Periodically the groups are shuffled round so that we can all meet different people.

It’s important that there are no rules about what kind of meals are offered, or where they take place: it isn’t a competition! People can get together in a coffee shop (Rising?) or on a picnic as well as at home and the food can be tea and cake, soup or whatever is doable. The point is the friendship rather than the food and drink.

If you’d like to try a foyer group or to find out more about it please speak to me or to anyone who is wearing a name badge – or if you have enjoyed a foyer group in the past why not invite someone who hasn’t (been to one!) to come with you?

Jane Edwards  janeedw54@gmail.com  or leave a message at the community table.

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**Cathedral support for Coventry Winter Night Shelter**

Once again Coventry Winter Night Shelter will open on December 1st for four months, at a different venue each night of the week. Because we are not able to offer a suitable venue here, for the last few years a team from the Cathedral has provided the meals on most Fridays for the night shelter at St Oswald’s, Tile Hill (another Spence church). Once again, it is hoped that this partnership will continue. Jane Edwards, Moya Horton, Richard Chamberlain-Brothers, Helen McGowan, and Margaret and John Lloyd have provided meals, and others from the Cathedral community have joined the Friday team to help serve.

If anyone else would like to offer to cook (for up to about 26 people), please speak to Margaret Lloyd, who will be putting together a rota for a Friday night meals team. You can speak to any of the above to find out more.

Margaret Lloyd  margaretclloyd7@gmail.com

If Friday evenings don’t suit you, then contact Nobby Clarke, the city-wide Night Shelter co-ordinator at cwns.usergrp@gmail.com. In general, there is no shortage of volunteers for the evening shifts (7pm to 10 pm), but Nobby might be glad of an offer to cover a night (10pm to 7am) or breakfast (7am to 9am) shift. There is training for new volunteers at 7pm on Thursday November 3rd at the Welcome Centre.

Margaret Lloyd

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**Cathedral Community Monthly Prayer Focus**

‘Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God’  Philippians 4:6.

The afternoon Waiting on God group has suggested that to help us have a sense of the most difficult route up Mt Everest (which has yet to be repeated). Carlos Buhler is also an accomplished speaker and thinker about what he does:

“When I take risks in climbing I can carry some things back into my life as a non-climber; a new set of problem-solving techniques; an enhanced appreciation for another culture; an insight into the strengths of a friend; or a shift, however slight, in the way I look at my own resources and ability to improve the world. The higher the risk, the more I want to come away having learned something.’

This will be a social event and fund-raiser for the Gorkha Foundation, a charity which is trying to rebuild four schools which were destroyed by the recent earthquake in Nepal. Tickets £5 at the door (benefits £2).

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**Celebrate Eco Church**

Wednesday 19th October 7pm  
**Coventry City Centre**

Be part of a smaller group listening to Carlos’ presentation and answer session. Advance booking £10.

Morris.Rodham@CovCoE.org

Optional meal at COSMO international cuisine afterwards.

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**Men’s Social Evening**

with climber Carlos Buhler  
**Tuesday 18th October at 7.30pm**  
**St Mary’s Leamington**

A chance to hear a renowned high altitude ice climber who made the first ascent of the most difficult route up Mt Everest (which has yet to be repeated). Carlos Buhler is also an accomplished speaker and thinker about what he does:

“When I take risks in climbing I can carry some things back into my life as a non-climber; a new set of problem-solving techniques; an enhanced appreciation for another culture; an insight into the strengths of a friend; or a shift, however slight, in the way I look at my own resources and ability to improve the world. The higher the risk, the more I want to come away having learned something.’

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Morris.Rodham@CovCoE.org

Optional meal at COSMO international cuisine afterwards.

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**Cathedral Walkers**

**Wednesday 19th October at 10am**

I can’t promise autumn sunshine, but I can guarantee fresh air if the weather holds. Details are on the Community Table; please let me know by close Sunday 16th if you intend to walk, lunch or both.

Dave Goodall, 024 7646 1946
dagoodall@hotmail.co.uk

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**Novi Most International UK Tour**

**Thursday 20th October at 7.30pm**  
**St James’ Styvechale**

An evening of worship, music and the opportunity to learn more about Novi Most’s exciting youth work in Bosnia and Herzegovina. Facebook.com/NoviMost
HOPE Coventry: Good Neighbours Project
The Good Neighbours project in Coventry is a new and exciting initiative for churches working collaboratively for the benefit of their communities. The project seeks to build on, and support, existing church groups and activities to tackle loneliness and isolation experienced by older people in their local area. Research shows that lonely people have a 64% increased chance of developing clinical dementia, and loneliness is a really high-profile issue which has received lots of press. Many other cities have started similar Good Neighbours schemes, helping older people feel part of their community.

The Good Neighbours project will involve friendship groups; one-to-one befriending of isolated older people; and ad hoc support which could be anything from a simple phone call, mowing a lawn or collecting prescriptions to having a cup of tea with someone or giving them a lift to a friendship group. Good Neighbours will bring together Age UK Coventry’s knowledge of how to set up projects and understanding of areas where provision for older people is lacking, HOPE Coventry’s church networks for volunteers, and Together for Change’s funding skills and networks. This is an exciting partnership between the church and other organisations; Coventry City Council is very enthusiastic about its potential. However, the project needs your involvement in order to succeed!

There will be plenty of ways to get involved in the Good Neighbours project all across the city. These include:

Praying!
Volunteering to visit people at home, driving, doing small household tasks, coordinating rotas or recruiting volunteers yourself;
Inviting us to give a 5 minute shout-out at your church, to put something in your newsletter or on your social media pages;
Giving details of any groups your church runs for older people for a Coventry-wide directory of local activities;
Using funding from Together for Change to set up new friendship groups or improve something within an existing group;
Coming to our Rising Cafe bacon batch breakfast meeting at 9.30am on Tuesday 18th October or Thursday 3rd November - please sign up on Eventbrite to give us an idea of numbers.

As Good Neighbours is a HOPE Coventry project, we will be using the HOPE Coventry e-newsletter mailing list to communicate with you about this exciting project. If you do not want your email address to be used for separate mailings for the purpose of Good Neighbours, please email hopecoventry2014@gmail.com to opt out.

Please contact us to start a project in your area or for more information. You can reach Good Neighbours in Coventry by emailing Jess Day-Pollard/Gavin Kibble at goodneighbourscoventry@gmail.com, visiting the Facebook page, or on 07563 902 904.

‘Love your neighbour as yourself.’  Mark 12:31

16 days of Activism against Gender-based Violence Campaign
"Silent Too Long"
Thursday 20th October, 10.30am-6pm
As part of its participation in the international 16 days of Activism Against Gender-based Violence Coventry Mothers’ Union, with CCN, is holding two events to raise awareness. The first of these was on Tuesday 4th October and the second will be on Thursday 20th October in the Cathedral from 10.30am to 6pm. There will be an opportunity in the morning to see how various agencies involved in supporting those affected by domestic violence and abuse carry out their work, and, in the afternoon, keynote speakers, one of whom will be talking about female genital mutilation. The day will end with Choral Evensong at 5.15.
Mothers’ Union is calling for: prevention of gender-based violence through education and awareness training; legislation that protects women and girls from, and criminalises all forms of, gender-based violence; adequate provision of services for survivors; and the rehabilitation of perpetrators. All are welcome at both events.
Di Sliwinski, Past Coventry Diocesan President  disliwinski@dsl.pipex.com

Working in Romania: Saturday & Sunday 29th & 30th October
You are invited to share the experiences of some of the volunteers who were sponsored by members of the congregation to work at the Speranta Centre for disabled children in Sibiu, Romania during this summer.
Volunteers will be speaking in St Michael’s House at 11.30am on Saturday 29th October (at the AGM of the charity SHARE, which is open to everyone).
If you cannot make Saturday there will be another chance to hear from volunteers the next day at a Romania Lunch in the Cathedral Lecture Hall following the Sunday morning service.
The cost is £5 for a simple lunch and a heart-warming experience is assured - please sign up on the booking list at the Community table.
Jane Williams  JaneMLWill@aol.com

Dresden: A Love Story?
Wednesday 2nd November, 6pm-8pm in St Michael’s House
A talk by Rainer Barczaitis (Dresden Anglo-German Association) on the findings of the project British Traces in Dresden. The associated display of 14 banners will be shown in St Michael’s House forecourt from Wednesday 2nd-Monday 14th November, 9am-5pm.
Organised by Dresden Anglo-German Association in collaboration with Coventry Dresden Arts Exchange.

Black Christmas with Canon Sarah
Thursday 3rd November at 1pm
St Michael’s House will host a screening of the documentary film Black Christmas. The film shows a perpetrator’s journey of transformation and his expression of remorse for the racially motivated 1996 Christmas Eve bombing in Worcester (South Africa). It digs deep into the complexity of forgiveness and leaves viewers thinking about the possibility of reconciliation. The screening will be followed by a discussion with Canon Sarah who journeyed to Pretoria Prison with victims and survivors of the bombing to visit the perpetrator.

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Faith and Frontiers: Project Bonhoeffer Day
Saturday 5th November, 10.15am-4.15pm in St Michael’s House
A Day Conference organised by the Project Bonhoeffer Trust (www.projectbonhoeffer.org.uk) on the theme of faith and frontiers. The event is open to anyone who is interested in Bonhoeffer, the theology of nationhood and borders, or refugees. The keynote speakers will be Professor Esther Reed from the University of Exeter, whose subject will be Bonhoeffer and the limits of responsibility in a global age, and Ben Bano, coordinator of the refugee support organisation ‘Seeking Sanctuary’, a Kent-based organisation which seeks to raise awareness of the plight of migrants and refugees in the Calais Jungle and in other camps in Northern France and also organises goods and supplies for them from the UK. He will speak on Discipleship with migrants and refugees – the legacy of Dietrich Bonhoeffer. The cost of the conference is £5 including lunch. www.eventbrite.co.uk/e/faith-and-frontiers-today-tickets-25948472580

Saint Michael’s Singers Annual Remembrance Concert
Saturday November 12th at 7.30pm
This year’s concert will be part of the City of Coventry’s Peace Festival. Jaguar Land Rover Band will join Saint Michael’s Singers in a concert of poignant music for band and choir featuring Karl Jenkins’ The Armed Man in the uniquely powerful version for choir and brass band. The concert will also include John Williams’ Hymn to the Fallen and Jonathan Rathbone’s moving setting of Abide with Me. Tickets are available online from www.ticketweb.co.uk 0844 477 1000 and from the cathedral shop (please note that discounted tickets for Friends of the Cathedral must be purchased in advance from Jill Pacey on 01676 532436).

Bishop’s Certificate in Discipleship & Mission: November Modules
Registration is now open at www.dioceseofcoventry.org/BCDMregister for BCDM modules starting in the first half of November (all starting at 7pm):
Paul’s Life, Mission and Letters looks at the life of the apostle in his context in the first Century world, and the letters that he wrote, focusing especially on 1 and 2 Corinthians. You will gain an understanding of what motivated Paul, what his opponents said, and find ways of reading his letters so that they make sense! St Mary’s Leamington, St. Mary’s Road, Leamington Spa, Warwickshire, CV31 1JW;
Monday evenings at 7pm from 7th November - 5th December.
Music explores how God’s invitation to Praise and Lament through music is an invitation to journey to a place of healing. Expect to find connections between music and the Psalms, to be challenged to listen to new styles, discuss your musical tastes, and to hear some great tunes!
Holy Trinity Stratford, Old Town, Stratford-upon-Avon, CV37 6BG;
Wednesday evenings from 9th November - 7th December.
Advent: What’s the point of Advent? Is it just the run up to Christmas or is there more? Come and join us this Advent as we rediscover the deep wisdom of this season and how themes of coming, waiting and expectation are presented in the Bible. Uncover the true meaning of Advent and how it characterises our life throughout the year.
St Mary’s Walsgrave, Hall Lane, Coventry, CV2 2AW;
Monday evenings from 14th November - 12th December.

CATHEDRAL COMMUNITY NOTICES

CATHEDRAL COMMUNITY NOTICES

Name Badges
Today and in future you will see people (as well as the churchwardens) wearing name badges after the service. We are members of St Michael’s Committee (which represents the congregations in the Cathedral’s organisation) and we are available to answer your questions if possible, or to introduce you to someone who can! We can also make sure you have a Welcome pack or card if you would like one.
Margaret Parker, St Michael’s Committee secretary

If you find it difficult to attend Sunday Eucharist
At a recent meeting of the Liturgical Committee a suggestion was made for using one of our existing weekday communion services on a monthly basis, open to all but particularly providing for those in our community who are finding the Sunday 10.30 Eucharist a little too long or difficult to get to.
Communion can always be brought to people at home but there are those still able to travel who would appreciate attending a service with others in the Cathedral. The service would be followed by the opportunity to have lunch together in Rising Cafe and have a good old chat! One person who comes into this category suggested it might be possible to share a taxi and there may be others willing to offer lifts.
This would not be on the same day as the Mothers’ Union monthly service. It is just an idea but the committee thought it worth exploring. If you would be interested in such a service or could seek the opinion of those you know who are finding problems attending on a Sunday please talk to Canon Margaret Sedgwick, Canon Kathryn or Canon David.

Eco Church
Coventry Cathedral is on the journey to becoming an Eco Church! If you are interested in environmental sustainability and caring for God’s creation, enjoy gardening, have a passion for composting, etc, please let us know by signing up on the Eco Church page on the community table. We are looking for a small group of committed people to help us become a place that provides great care, love, and attention to the beautiful gift of creation God has given us.
Haley Jones, Reconciliation Ministry Intern

100 Retreats for 100 Years
Quiet days in preparation for the Diocesan Centenary 2018
26th October at Holy Trinity Attleborough, led by Bishop Christopher.
17th November at St Mary’s Walsgrave, led by the Revd Penny Hughes: Brother Lawrence and the practice of the Presence of God.
6th December at St Margaret’s Wolston, led by Bishop John
All days run from 10am to 4pm; refreshments will be provided from 9.30am and at lunchtime; please bring a packed lunch.
Cost £20 per day by cheque or BACS. Contact mary.cramer@btinternet.com.

Cathedral Prayer Circle
In an emergency, a group of us are ready to pray for you and those for whom you are concerned. Contact Meg Bowen on 01926 856928 – brief details would guide our prayers for God’s grace and healing.